

# Chalkhill Primary School Bulletin

Boletín de noticias de La Escuela Primaria de Chalkhill

Friday 23rd February 2024



Dear Parents and Carers,

In the last week before the holidays, Mr Rose, our Art Lead Teacher, organised for Y1 children to go and see the Wildlife for Wild Life Sculpture Exhibition along the river Thames from London Bridge station to Tower Bridge. I wanted to share some photos and comments with you.



My favourite part of the trip was the River Thames, it is so big I thought is an ocean.'



'My favourite part of the trip was when we were finding the sculptures.'



My favourite part of the trip was when we came close to the Tower Bridge, looks like a castle.'

'I liked the HMS Belfast Ship, looks like Titanic'

Inspired by the excited reports from the children, I went to see the exhibition for myself in the holidays. I can highly recommend going for a stroll along the Thames to see the sculptures. It is an amazing sight. The exhibition is open until March, 18th 2024.

The week beginning, Monday 26th February, is going to be a very busy week. The Governors have informed me that the interviews for the new headteacher will take place on Tuesday, 27th February 2024. they have shortlisted 2 strong candidates. All going well, the governors may appoint the new headteacher by the end of the week. Tuesday, 27th and Thursday, 28th February we are holding our Spring Term parent consultation meetings. If you have not already booked an appointment, please make sure that you do so as soon as possible. This is your opportunity to speak to the class teacher about your child.

The children in Year 5 and Year 6 will take part in 'Whisper Me Happy' workshops on Thursday. The workshops are aimed at 9-11 year old children to improve their mental health and wellbeing. I would like to remind all parents of the opportunity to train as a home-start volunteer. The training will take place on Thursday, 29th February in our Community Room from 0930 in the morning to 1430 in the afternoon.

Friday's assembly will be presented by 2H. The assembly will be based on their recent learning in History about the Great Fire of London. I look forward to welcoming you.

Finally, it is with sadness that I have to announce that **Ms Qureshi (Y5Q)** is leaving us at the end of this week. I would like to thank her for all her hard work and dedication and wish her all the best for the future. From next week until then end of the academic year, Mr Cremin will be the full-time teacher in Y5. Mr Cremin is an experienced teacher, who has worked at Chalkhill Primary School in the past. If you have any comments or concerns, please do not hesitate to come and talk to me. I will be available during parents evening.

Kind regards

Mrs Shanker

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Friday 23rd February 2024



## Parent Consultations for Reception-Year 6

Tuesday 27th February 2024 - 3.30pm-6.30pm

Thursday 29th February 2024 - 3.30pm-5.30pm

**Please book your parent consultations.**

## Attendance award

Week commencing  
19th February 2024



goes to:  
**50 & 6E**  
**With**  
**98.6%**



**Attendance**

Whole school attendance

**93.4%**

*We always aim to be above 96%*

## DATES FOR YOUR DIARY

*Spring Term Assembly Timetable*

*Friday 1<sup>st</sup> March - 2H*

*Friday 8<sup>th</sup> March - 1Z*

*Friday 15<sup>th</sup> March - 5O*

*Thursday 28<sup>th</sup> March - Year 4*

## **School Arrears**

**All Breakfast Club payments must be made on time If you wish to use this service.**

**If you are having any difficulties please arrange an appointment to see the Head teacher or School Bursar.**

## **School Matters!**



**Attend Today, Achieve Tomorrow**

## **Breakfast & Afterschool Club -Y-tec**

For further information/register you may contact Y-Tec. Moji contact number is 07459 339 445 /07440 204 540

**Please make sure all payments are made on time if you wish to use this service.**

## **'Safeguarding is everyone's responsibility'**

Here at Chalkhill Primary, we are committed to keeping our children and school community safe. If you have a concern regarding any children or adult please contact us immediately.

For urgent Child Protection matters, outside of school hours, please contact:

**Brent Family Front Door - Tel: 020 8937 4300 or email: [brent.lscb@brent.gov.uk](mailto:brent.lscb@brent.gov.uk)**

## **Parking outside the school**

Parents/Carers we request that you do not park outside the school gates. Stopping the car in the middle of the road to drop off children blocks the road.

This causes danger to yourself, your child/children and other members of our community.

When you drop your child/children to school by car, please, park up somewhere safely, turn off your engine and walk your child/children into school.

We kindly request that you are respectful to our neighbours and other families in our school community.

Thank you.



# Spring

# NEWSLETTER



**NHS**  
Central London  
Community Healthcare  
NHS Trust

## BRENT SCHOOL NURSING

ISSUE 08 | SPRING 2024 | FOR PRIMARY SCHOOLS

**G'day, Spring Lovers!**  
**Our freshest newsletter**  
**blooms here!**

Our newsletters aim to provide families and young people with some useful tips for keeping healthy. Childhood is an important time to instil healthy habits and learn crucial life skills. Establishing these habits early on will help to improve your child's quality of life in the future and enable them to reach their full potential educationally.

Brent school nurses work in all state-funded schools in Brent. School nurses help promote and look after children and young people's physical and emotional health. We work across education and health, providing a link between school and home for children and young people aged five to 19-years-old.

Get ready to scrub up and  
lather those hands because it's  
**World Hand Hygiene Day!**  
(5th of May)

01

### KNOW WHEN TO WASH YOUR HANDS



Click here to watch the  
step-by-step guide on how  
to properly wash your hands

**BRENT SCHOOL NURSING TEAM IS HERE FOR YOU!**  
Speak to a School Nurse.



If you would like to speak to a School Nurse, please call our  
Oxley Single Point of Access number 0208 102 4900. We will  
call you back if you leave a message.



You can also contact us through email on:  
[elche.brentschoolnursing@phe.net](mailto:elche.brentschoolnursing@phe.net)



We are based at:  
Sudbury Primary Care Centre, Watford Road, Wembley HA9 3HG  
Willisden Centre for Health and Care, Robson Avenue, London NW10 3JY



02

### SPRING Activities



#### May Half-Term

London is a never-ending playground of fun and adventure!  
Whether you're up for a huge thrill or just a tiny treat,  
there's something for everyone to enjoy.



#### Spring Walks

Get ready to skip and saunter through the lush parks of  
London this spring!



#### Visit the Best Museums in the City

Explore London's free captivating and interactive museums  
like the British Museum, Natural History Museum, National  
Gallery, and National Portrait Gallery for a magical journey  
with remarkable wonders.



#### Sow and watch it grow!

Let's plant the seed of joy and get the little ones to revel  
outdoors with easy-peasy garden projects!

## CONGRATULATIONS!

to



FOR ACHIEVING  
**ASTHMA FRIENDLY SCHOOL**  
STATUS



## 03 MMR Vaccinations

Measles, Mumps and Rubella

Every Tuesday 9AM - 4:45PM  
Brent Civic Centre  
Engineers Way  
Wembley Park  
Wembley, W9 0FJ



Scan QR Code  
to book your  
appointment

- Vaccinations available to one-year-old and over
- First and second dose available
- Discuss eligibility with your health care professional
- Please bring your child's red book

Measles is highly contagious, unvaccinated individuals around an infected person are at high risk of contracting the disease.

For more information please visit [NHS.UK](https://www.nhs.uk)

## Brent Family Wellbeing Centres

05

The Brent Family Wellbeing Centres provide a range of community-led services that can support you from the moment you know you're expecting, through pregnancy and birth, until your child is 18 years old (or up to 25 for children and young people with special educational needs). The Centres offer a wide range of free health, education and welfare services to families and aim to give everyone in Brent the best possible start in life. Register to join the Family Wellbeing Centres [here](https://www.brent.gov.uk).

## 04 Head Lice And Nits



Head lice and nits are common in children and families, transmitted through head-to-head contact, not related to hair cleanliness.



It's important to be proactive when it comes to head lice infestations. Regularly checking your child's hair can help catch any lice early on. If you do happen to spot any head lice, it's essential to treat both your child and the entire family to prevent the infestation from spreading.



Lice and nits are in for a surprise with the wet combing technique! Just grab a fine-toothed comb and bid those pesky critters goodbye.



Once a week, take a peek. For free resources for schools to share with parents.

For more information please visit [NHS.UK](https://www.nhs.uk)

06

## Hay Fever

Spring: the season of blossoms, birds chirping, and oh, the notorious rise of allergies!

### WHAT IS HAY FEVER?

Hay fever is a type of allergic reaction usually worse between late March and September when the pollen count is at its highest. It usually affects the nose, face, eyes, throat, and sinus passages.

### HOW TO MANAGE HAY FEVER?

- Put Vaseline around your nostrils to trap pollen
- Wear sunglasses to stop pollen getting into your eyes
- Shower and change your clothes to wash pollen off
- Stay indoors if possible
- Keep doors and windows closed as much as possible
- Vacuum and dust regularly

### ASK A PHARMACIST

Antihistamines are medications often used to relieve symptoms of hay fever. They could make you sleepy but there are also non-drowsy antihistamines. They come in many forms such as tablets, capsules, liquids, creams, gels, eye drops, and nasal sprays.

Ask a pharmacist for advice if you're unsure which medicine to try.

### WHAT ARE THE SIGNS AND SYMPTOMS?



Sneezing and coughing



Itchy, red, or watery eyes (conjunctivitis)



A runny or blocked nose (rhinitis)



Headache



Extreme tiredness (fatigue)



Itchy throat, mouth, nose, and ears

### WHEN TO SEE YOUR GP?

Your symptoms do not improve after taking medicines from the pharmacy



Your symptoms are getting worse

### FOR MORE INFORMATION PLEASE VISIT

[NHS.UK](https://www.nhs.uk)

[Allergy.UK](https://www.allergy.uk)

[Met Office](https://www.met.nhs.uk)

## Food Banks

It's a challenging time for everyone at the moment. Food banks are grassroots, community organisations aimed at supporting people who cannot afford the essentials in life.

To find a food bank near you, visit:

[Brent Foodbank](https://www.brent.gov.uk)  
[Trussell Trust](https://www.trusselltrust.org)  
[Sufra Foodbank and Kitchen](https://www.sufra.org.uk)

08

NHS

Use the right service

NHS Services

<p><b>Self Care</b> Care for yourself at home</p> <p>Minor cuts &amp; grazes Minor burns Minor aches &amp; pains</p>	<p><b>Pharmacy</b> Local expert advice</p> <p>Minor illnesses Headaches Throat pain Minor skin issues</p>	<p><b>NHS 111</b> Non-emergency help</p> <p>Feeling unwell Illness Mental health First help</p>	<p><b>GP Advice</b> Out of hours Call 111</p> <p>Prescription problems Illness Long-term conditions Mental health</p>	<p><b>Urgent Treatment Centres</b></p> <p>Minor injuries Fractures Cuts &amp; burns Minor skin issues</p>	<p><b>A&amp;E or 999</b> For emergencies only</p> <p>Crashes Chest pain Respiratory Serious head pain</p>
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Dear Parents and Carers,

As part of the [wraparound childcare programme](#) Brent is currently mapping the before and after school childcare provision available in the borough. As part of this we want to seek parents' and carers views on the childcare they currently use for their primary school aged children.

We would be grateful if you could share the survey below as part of your forthcoming newsletters and associated communications with your parents and parents of primary school aged children.

**Before and after school childcare for primary school aged children – Your views matter**

The government's ambition is that by 2026, all parents and carers of primary school-aged children who need it will be able to access term time childcare in their local area from 8am-6pm Monday to Friday, so that parents can access employment. This childcare will continue to be paid for by parents and carers. Some families can access additional support to pay for childcare eg. through tax free childcare or the childcare element of universal credit. We want to know your views on the childcare you currently use and how you think this offer can be improved.

Please share your views here:  
<https://www.smartsurvey.co.uk/s/MXIRYR/>



If you have any questions about the wrap around programme please do not hesitate to get in touch.

Kind regards,

Jane

Jane Stewart  
Partnership and Development Lead  
Children and Young People  
Brent Council

020 8937 3270

[www.brent.gov.uk](http://www.brent.gov.uk)  
@Brent\_Council

# INTERESTED IN VOLUNTEERING?

**SIGN UP FOR OUR TRAINING COURSE NOW!**

**[www.homestartbarnet.org/volunteer-with-us](http://www.homestartbarnet.org/volunteer-with-us)**

**5 -Week Training taking place: Thursdays 9:30am-2.30pm  
February 22nd & 29th, March 7th, 14th & 21st March 2024.**

**Location: Chalk Hill Primary School, Wembley, HA9 9YP**



- No previous volunteering experience needed (experience with children required)
- Visit families in their homes 2-3 hours each week (during working hours)
- Offer consistent and dependable emotional & practical support
- Help strengthen family relationships and support families to grow in confidence

**HOME  
START**

Barnet, Brent,  
Enfield & Harrow

**Make a real difference in a family's life and start volunteering today!**

**Register on our website or email: [admin@homestartbarnet.org](mailto:admin@homestartbarnet.org)**

Give your time and make a  
difference in your community!

# VOLUNTEERS NEEDED NOW!

[www.homestartbarnet.org](http://www.homestartbarnet.org)

- Help others and give back!
- Make a real change in the community
- Gain transferable skills
- Access training opportunities
- Improve your wellbeing

We train volunteers to visit our  
families in their homes to give  
support, befriending & practical  
help in **Barnet, Brent & Harrow.**



**HOME  
START**

Barnet, Brent,  
Enfield & Harrow

**If you are under 18 years old and look  
after someone who cannot manage  
without your help,  
Then you are a Young Carer!**



You may be looking after someone who is ill, disabled, frail, has a mental health condition, suffers from substance abuse or an addiction!

### **Brent Young Carers**

Is here to help you with free confidential advice, a range of information, support and fun activities.

Call us on: **020 3802 7070**



A Network Partner of  
**CARERS  
TRUST**

Registered Charity No: 1066691  
Limited Company No: 3354038

### **Brent Carers Centre**

3rd floor

Willesden Medical Centre

144-150 High Road,  
Willesden, London NW10 2PT

**Tel: 020 3802 7070**

E: [email@brentcarerscentre.org.uk](mailto:email@brentcarerscentre.org.uk)

Opening Times: Mon to Fri: 9.00am – 5.00pm



## *Chalkhill Primary School*

### *Term dates-January-July 2024*

Spring Term	Dates	Information
<b>Monday 8<sup>th</sup> January 2024 – Thursday 28<sup>th</sup> March 2024</b>		
First Half Term 5 weeks 24 days	Monday 8 <sup>th</sup> January 2024	Teacher training (school closed for children)
	Tuesday 9 <sup>th</sup> January 2024	First day of school- gates opens at 8.30am
	12 <sup>th</sup> February 2024- 16 <sup>th</sup> February 2024	Half Term holiday
Second Half Term 6 weeks 29 days	Monday 19 <sup>th</sup> February 2024	First day of school- gates opens at 8.30am
	Thursday 28 <sup>th</sup> March 2024	Last day of term- school closes at 3.15pm
	Friday 29 <sup>th</sup> March 2024 – Friday 12 <sup>th</sup> April 2024	Easter holidays
Summer Term	Dates	Information
<b>Monday 15<sup>th</sup> April 2024– Wednesday 24<sup>th</sup> July 2024</b>		
First Half Term 6 weeks 29 days	Monday 15 <sup>th</sup> April 2024	First day of school- gates opens at 8.30am
	Monday 6 <sup>th</sup> May 2024	Bank holiday (school closed)
	Monday 27 <sup>th</sup> May 2024 – Friday 31 <sup>st</sup> May 2024	Half Term holiday
Second Half Term 7.5 weeks 38 days	Monday 3 <sup>rd</sup> June 2024	First day of school - gates opens at 8.30am
	Wednesday 24 <sup>th</sup> July 2024	Last day of term- schools closes at 1.30pm ]
<b>Total 190 days</b>	<b>Thursday 25<sup>th</sup> July 2024 – Monday 2<sup>nd</sup> September 2024</b>	<b>Summer holidays</b>